

Senior Service Network Lead Agencies



FACT SHEETS ARE A JOINT PROJECT OF IONA AND THE DC DEPARTMENT OF AGING AND COMMUNITY LIVING

The DC Department of Aging and Community Living (DACL) manages many services for DC residents who are age 60+. Some of these services are directly provided by DACL. Others are provided by local nonprofits who receive funding from DACL. These nonprofits are called “Lead Agencies.” While not every Lead Agency serves residents from every neighborhood, collectively they cover all of the city.

ALL LEAD AGENCIES OFFER THESE CORE SERVICES:

► CASE MANAGEMENT

Through case management, licensed social workers help you access a variety of services, depending on your budget and needs. Examples include help with transportation, housing, home care, or tapping into public benefits like Medicaid. If you have limited finances, social workers may find you free services.

► HOME DELIVERED MEALS

If you have difficulties preparing meals, grocery shopping, or affording food, you may qualify for free meals delivered to your home. DACL pays for up to 10 meals per week. They’re delivered by your Lead Agency.

► NUTRITION COUNSELING

Your Lead Agency offers help with diet and choosing healthy foods.

► SUPPLEMENTAL NUTRITION PROGRAM

Each Lead Agency offers Boost or Ensure health drinks to older residents facing malnourishment. A doctor’s prescription is required.

► CONGREGATE MEAL SITES

There are more than 24 free meal sites that provide a hot lunch on weekdays. Some sites also offer fun activities and social opportunities. If you’re a DC resident who is 60+, you can attend a meal site in any neighborhood. Your Lead Agency can help you find the meal site closest to you.

DACL LEAD AGENCIES

To access core services, contact your neighborhood’s Lead Agency.

WARD 1

Terrific Inc.

202-387-9000

terrificincsgrandmashouse.org

WARD 2

Terrific Inc.

202-595-1990

terrificincsgrandmashouse.org

WARD 3

Iona Senior Services

202-895-9448

iona.org

WARD 4

Terrific Inc.

202-882-1824

terrificincsgrandmashouse.org

WARD 5

Seabury Resources for Aging

202-529-8701

www.seaburyresources.org

**TURN OVER
TO LEARN MORE ►**

OTHER SERVICES PROVIDED BY LEAD AGENCIES

Each Lead Agency also offers a number of other services. Eligibility ranges for the specific service. Some might be restricted to residents of certain neighborhoods. Others could be citywide. They might also have age restrictions.

▶ EAST OF THE RIVER FAMILY STRENGTHENING COLLABORATIVE

Offers case management and other supports for families and children.

▶ IONA SENIOR SERVICES

Offers exercise, support groups, mental health counseling, and adult day health services to older adults and their family caregivers citywide. Also offers private-pay care management services. Some residents of Maryland or Virginia may also access services. DMV residents can also borrow canes, walkers, and wheelchairs from Iona's free Loan Closet.

▶ SEABURY RESOURCES FOR AGING

The Seabury Card helps older DC residents afford taxi fare. through cash-loaded, debit-like cards that can be used for taxi rides anywhere in the City. Because the cards are sold on a sliding-scale basis, purchasers' savings will vary depending on their income. Seabury also runs three low-cost senior housing programs. Its Age-in-Place program helps older residents (in Wards 4-6) with yardwork and house cleaning.

▶ TERRIFIC INC

Runs the District's Safe at Home Program. This program offers home safety checks for older DC residents who have limited or moderate finances. It also pays for home modifications that can reduce fall risks. Younger residents with disabilities also may qualify.

PAYING FOR CARE

Services that are not funded by DACL might charge fees. They might also be covered by other sources including: insurance, individual donations, or grant and foundation support. You can learn more by contacting the Lead Agency.

DACL LEAD AGENCIES (continued from front)

WARD 6

Seabury Resources for Aging
202-397-1725
www.seaburyresources.org

WARD 7

**East of the River Family
Strengthening Collaborative**
202-397-7300
erfsc.org

WARD 8

**East of the River Family
Strengthening Collaborative**
202-562-6860
erfsc.org

**You can also find information
on DCOA's website:**

[dcoa.dc.gov/service/senior-service-
network-lead-agencies](http://dcoa.dc.gov/service/senior-service-network-lead-agencies)

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EVALUATING AVAILABLE PROGRAMS

Here are some questions to think about—and ask a day program representative—as you evaluate different options available in your area.

- Does it provide the types of help you and your family member need?
- How are the staff trained to work with older adults with memory loss?
- What activities and services does it offer?
- What are its hours and how does the staff handle late arrivals and late pick-ups?
- How does the staff handle emergencies?
- How will the staff evaluate your family member's needs?
- At what point—as your family member's memory or physical needs worsen—will the program be unable to continue offering care?

• Visit iona.org or call
202-895-9448 for
• other helpful fact sheets.

Adult Day
Health Services

Legal Aid

Memory
Evaluations

Transportation
for
Independent
Riders and
Riders Who
Need Assistance

Veteran's Aid &
Assistance

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