

Decluttering and Downsizing Workshop

Do you have too much stuff? Need to downsize? Want to get rid of clutter?

If you would like to downsize your belongings, organize your papers, or get rid of clutter, this is for you! This workshop is brought to you by Iona's Take Charge/Age Well Academy™, an educational program for proactive adults planning for their futures, and conducted by Orchestrated Moves. This session will provide you with the inspiration and practical hints to tackle "problem areas" in your home, and help you feel more "free".

Orchestrated Moves, LLC was founded in 2004 from a desire to fill gaps in the relocation and home organization industry. Cindy Szparaga and Alexandra Fry bring decades of both professional and personal experience to bear when helping folks navigate the complicated steps involved with uprooting their home and settling in to a new space comfortably.

As Senior members of the National Association of Productivity and Organization Professionals (NAPO), Cindy and Alexandra practice all the "Tricks of the Trade" helping folks tackle large projects like moving and smaller ones like "finding" the top of the kitchen table again!! They work with humor and compassion to help clients learn new systems and create behavior patterns that will allow them to maintain control. Relocating can be difficult, especially with the demands of work and family. Constant attempts with trying to manage all the details of a move can be paralyzing.



Iona Senior Services
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REGISTRATION DETAILS:

WHERE: Iona Senior Services, 4125 Albemarle St. NW, Washington, DC 20016

WHEN: Tuesday, March 17, 2020 from 4:00-6:00 PM.

COST: FREE! Donations are appreciated.

REGISTER: RSVP soon; space is limited.

REGISTER NOW: Register at iona.org/event/downsizing-and-decluttering

Questions: Please contact Lena Frumin at community@iona.org, or (202) 895-9485.

IONA
Age Well. Live Well.