

# Death Café

Looking for a new community to explore topics related to death?

At a Death Café, people gather to eat cake, drink tea, and discuss death. Iona's Take Charge/Age Well Academy, an educational program for proactive adults planning for their futures, is excited to offer this new gathering and conversation opportunity for people to come together and talk about death.

## ABOUT THE DEATH CAFÉ

The first Death Café was offered in the UK in September 2011. Since then, the model has expanded to more than 7,500 groups, with conversations and meet-ups happening across the globe. Death Cafés are discussion groups, not grief support groups or counseling sessions.

In a Death Café, the objective is to increase awareness of death with a view to helping people make the most of their (finite) lives. The discussion is group directed, and there is no agenda, objectives, or themes.

## ABOUT THE FACILITATOR

Iona's Death Café is facilitated by Dixcy Bosley, RN, MSN, FNP. Prior to joining the Iona Care Management team, Dixcy served as a hospice nurse in various community settings. She is passionate about claiming life by demystifying death for young and old people alike.

To learn more about Death Cafés visit [deathcafe.com](http://deathcafe.com).



## REGISTRATION DETAILS:

**WHERE:** Iona Senior Services  
4125 Alemarle Street, NW  
Washington, DC 20016

**WHEN:** Thursday, September 19, 2019  
from 4:00 - 6:00 PM.

**COST:** Free.

**REFRESHMENTS:** We will have tea and cake.

**REGISTER:** RSVP no later than September 11, 2019.  
Please register online at [iona.org/event/death-cafe-9-2019](http://iona.org/event/death-cafe-9-2019)  
Please contact Lena Frumin at [community@iona.org](mailto:community@iona.org), or (202) 895-9485 if you have questions.

**Space is limited!  
Register online today**

**IONA**  
Age Well. Live Well.